

Fifteen associational study groupings had a total of 27 outcomes (short-term, intermediate, or long-term), including 25 positive, 2 negative, and 0 neutral associations.

**Environment and Policy Indicators**

**Short-term Outcomes**

**Intermediate Outcomes**

**Long-term Outcomes**

**Presence of Transit Stations**  
*(e.g., availability of stations)*

2 ⊕ 0 ⊗ 0 ⊖

10 ⊕ 0 ⊗ 1 ⊖

**Minimal Distance to Transit Stations**  
*(e.g., proximity to stations)*

8 ⊕ 0 ⊗ 1 ⊖

5 ⊕ 0 ⊗ 0 ⊖

**Transit Use\***

**More Physical Activity**

- Active transportation  
9 ⊕ 0 ⊗ 1 ⊖
- Meeting physical activity recommendations  
1 ⊕ 0 ⊗ 0 ⊖
- General physical activity  
1 ⊕ 0 ⊗ 0 ⊖
- Walking  
1 ⊕ 0 ⊗ 1 ⊖
- Walking and/or cycling  
6 ⊕ 0 ⊗ 0 ⊖

**Less Sedentary Behavior**  
(No Studies)

**Less Overweight and Obesity**

Body mass index  
2 ⊕ 0 ⊗ 0 ⊖

**Key:**

- ⊕ Positive Association
- ⊗ No Association
- ⊖ Negative Association

\*Transit use was included as a short-term proxy for physical activity. No other short-term outcomes are reflected in the peer reviewed literature.

**Figure 23B: Transportation Policies**